



PE Central Professional Development – Online Courses

Enroll Now: swww.teachable.com

Course: Introduction to Teaching Personal and Social Responsibility (TPSR)

Course Dates: Ongoing

Cost: \$99.00

Credit: 10 hours

Instructor: Sandy Hagenbach, PE Teacher at Heritage Elementary, De Pere, WI. Author of "Teaching Children Responsible Behavior A Complete Toolkit" book

Assignments:

- Read TPSR articles, and answer questions on message board
- Design TPSR lesson plans and receive feedback from instructor
- Design a TPSR assessment and an Action Plan to implement

Who Should Take: Grades K-12 physical education teachers.

Course Purpose/Description: The course is designed to give the student the tools to implement TPSR into their lessons. Students will learn what TPSR is, why it is important to teach, how to assess and implement it. Students will read seven chapters, answer reflective questions, design lessons and create an action plan **which will prepare them to implement TPSR**. Students will learn what the TPSR awareness levels look like, and why they are important to both the teacher and student. Reading a blog on designing successful lessons will prepare students to design engaging lessons that introduce the TPSR levels to their physical education students.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

What you will get out of the course:

- 10 hours of Professional Development credit (check with your principal or PD Dept.)
- Certificate of completion
- 1 Optional CEU Extra \$ (St. Mary's College of California) This is NOT graduate credit.

What you need to take the course: Access to the Internet using a computer/tablet and ability to view videos, PDF and Microsoft Word documents.

To Learn More Contact Mark Manross at PE Central

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