



PE Central Professional Development – Online Courses

Enroll Now: swww.teachable.com

Course: Conquering Your First Year as a New Physical Education Teacher: What to Know to Make It a Foundation for a Successful Career

Course Dates: Ongoing

Cost: \$49.00

Credit: 5 hours

Instructor: Charles Silberman, Prince Georges County Public School, Upper Marlboro, MD

Assignments:

- Read articles and watch videos about how to make the most out of your first year of teaching
- Post discussion board questions about your thoughts on the reading material
- Create your own physical education gym set up and get feedback from instructor

Who Should Take: First Year / New K-12 physical education teachers.

Course Purpose/Description: The purpose of this course is to help new physical education teachers understand what their first year of teaching may look like so that they not only survive but thrive. Students will also examine current practices, lesson plans, and class setups that will help them successfully navigate their first year of teaching.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

What you will get out of the course:

- 5 hours of Professional Development credit (check with your principal or PD office)
- Certificate of completion

What you need to take the course:

- Access to the Internet using a computer and ability to view videos, PDF and Microsoft Word documents.

To Learn More Contact Mark Manross at PE Central

678-764-2536 (cell)

Web: <http://swww.teachable.com> Email: ecourses@pecentral.org