



PE Central Professional Development – Online Courses

Enroll Now: sww.teachable.com

Course: Dance for EVERYbody

Course Dates: Ongoing

Cost: \$49.00

PD Hours: 6 hours

Instructor: Sandy Kimbrough, Texas A&M University Commerce, Commerce, TX

Assignments:

- Read and view videos about how to break down a dance and use it in your own course
- Take quizzes and email your instructor your own choreographic dance

Who Should Take: K-12 physical education teachers.

Course Purpose/Description: To introduce K-12 physical educators to the process of simple choreography and provide them the tools to create movement with music that is developmentally appropriate for their students. Creating movement to music does not have to be intimidating. Even if you "can't dance," you CAN create fun and meaningful movement sequences for your students that build their confidence, physical literacy, and fitness. Teachers will also identify choreography that can easily be modified for their students. This course will leave learners feeling empowered and prepared to create movement with music for fitness and fun.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

What you will get out of the course:

- 6 hours of Professional Development hours (check with your principal)
- Certificate of completion

What you need to take the course:

- Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents. Ability to take a video (phone is fine) and upload to a video service website like YouTube.com

To Learn More Contact Mark Manross at PE Central

678-764-2536 (cell), 540-953-1043 (office)

Web: <http://sww.teachable.com> Email: ecourses@pecentral.org