



## Francesca Zavacky Bio



Francesca Zavacky is a Senior Program Manager and Project Director with SHAPE America - The Society of Health and Physical Educators, serving as Project Director for a cooperative agreement with the Centers for Disease Control and Prevention (CDC) since 2006, and Master Trainer for AAHPERD's *Physical Activity Leader (PAL) Training*. A veteran physical educator, she has received numerous teaching awards, including NASPE Teacher of the Year. Francesca has presented over 175 professional development sessions across the United States on topics as diverse as children's fitness, incorporating brain research into physical education, interdisciplinary physical education, student assessment, and grant writing for physical educators. She has served as an instructor for

physical education workshops at The Pennsylvania State University, Longwood College, NASPE's PIPEline Workshops, *Let's Move! Active Schools*, Howard University, and many state and local departments of education across the United States.

In addition, Francesca serves on the Expert Panel for The Alliance for a Healthier Generation; External Scientific Advisory Board (ESAB) of the Healthy Eaters, Lifelong Movers (HELM) Project, Rocky Mountain Prevention Research Center, Colorado School of Public Health, University of Colorado Denver; Co-Chair, National Urban Physical Education Leadership Coalition; GENYOUth Leadership Roundtable; Steering Committee, National Coordinating Committee on School Health and Safety; The WellSAT Advisory Board, Rudd Center for Food Policy and Obesity, Yale University; Gang Reduction through Active Community Engagement (GRACE) Committee, Charlottesville/Albemarle County, VA ; and Healthy Kids, Healthy Schools National Advisory Board, a project in Houston TX. Francesca is a connector who is committed to improving professional practice and creating a culture of physical activity for youth across the country.

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