

**Charles Silberman**  
**PE Central Presenter**  
**Presentation Titles and Descriptions**

**Making Your Field Day Shine**

This workshop will introduce a system for planning and implementing a field day that shines. Field day is a great opportunity to showcase the school, involve the community, and do something special for the students. However, field day is not something that is taught in most undergraduate and graduate programs. Field day is something teachers must learn to do on their own. And when you are doing it for the first time, it can be overwhelming and time consuming. This system will take all the guessing and trial and error out of planning and executing field day. And even if you are a seasoned veteran, this system can help take what you have and make it better. In this presentation, participants will not only learn how to plan and execute a great field day, but they will see examples of the work in action and walk away with all the documents needed to get started planning right away.

**Integrating Literacy Into Physical Education**

The trend of integrating literacy into all content areas is not going away. With global competition for jobs, students need to build a solid foundation of literacy and improve it to mastery in order to compete in today's world. This presentation will introduce literacy as defined in today's society, explain its importance to students, teachers, and physical education programs, introduce the components of literacy, discuss literacy action plans, and more. In the course, participants will not only learn academic theories, but they will walk away with tangible examples for integrating literacy in physical education and the tools to do so immediately. In fact, this presentation will not be just sitting and listening. This presentation will be a hands on and interactive experience.

**Teaching in Limited Space**

Physical education is not always taught in a gym. In many schools and school districts, physical educators are forced to teach with no physical space or limited physical space. This can be a classroom, a parking lot, a grass field, a temporary unit, or a hallway. When this happens, the feeling of wanting to quit can be strong. In this presentation, participants will learn creative games for many physical education topics that all physical educators must teach that can be used in any space. In addition, participants will experience many of the activities hands on, discuss strategies to make teaching in their limited space feasible, and learn about how to alter lesson planning and teaching to create a successful learning environment for students while teaching to the curriculum and national standards.