"Watch Me (Whip / Nae Nae)"  Cardio Drumming

You already know who it is
Silentó
Silentó
Silentó
Gonna do it for me

Now watch me whip (Kill it!)
Touch one stick to the ball
Now watch me nae nae (Okay!)
Nae Nae
Now watch me whip whip
Touch both sticks to the ball
Watch me nae nae (Want me do it?)
Nae Nae

Now watch me whip (Kill it!)
Touch one stick to the ball
Watch me nae nae (Okay!)
Nae Nae
Now watch me whip whip
Touch both sticks to the ball
Watch me nae nae (Can you do it?)
Nae Nae

Now watch me

Ooh watch me, watch me
Circle around the ball clockwise while tapping the ball.
Ooh watch me, watch me
Ooh ooh ooh ooh

Ooh watch me, watch me
Reverse and circle around the ball counter-clockwise while tapping the ball
Ooh watch me, watch me
Ooh ooh ooh ooh

[x2:]
Do the stanky leg (stank)
Hit the ball while moving leg. Switch Repeat. Repeat.
Do the stanky leg (stank stank)
Repeat.
Do the stanky leg (stank)
Do the stanky leg (stank stank)

Now break your legs (break 'em, break 'em)
Hit the ball with both sticks then
cross sticks while moving. Repeat.
Break your legs (break 'em dog)
Tell 'em "break your legs" (break 'em, break 'em)
Break your legs (break 'em dog)
Tell 'em "break your legs" (break 'em, break 'em)
Break your legs (break 'em dog)
Tell 'em "break your legs" (break 'em, break 'em)
Break your legs (break 'em dog)

Now watch me
Bop bop bop bop bop bop bop bop bop
Now watch me
Bop bop bop bop bop bop bop bop bop

Now watch me whip (Kill it!)
Now watch me nae nae (Okay!)
Now watch me whip whip
Watch me nae nae (Want me do it?)

Now watch me whip (Kill it!)
Watch me nae nae (Okay!)
Now watch me whip whip
Watch me nae nae (Can you do it?)

Now watch me
Ooh watch me, watch me
Ooh watch me, watch me
Ooh watch me, watch me
Ooh ooh ooh ooh

Ooh watch me, watch me
Ooh watch me, watch me
Ooh watch me, watch me
Ooh ooh ooh ooh

Now watch me yule (Soulja)
Now watch me superman (okay!)
Now watch me yule (Soulja)
Now watch me superman (okay!)

Now watch me yule (Soulja)
Now watch me superman (okay!)
Now watch me yule (Soulja)
Now watch me superman (okay!)

Now watch me duff, duff, duff, duff, duff, duff, duff, duff (Hold on)
Now watch me duff, duff, duff, duff, duff, duff, duff, duff

Alternate hitting right and left while kicking corresponding leg.

Touch one stick to the ball
Nae Nae
Touch both sticks to the ball
Nae Nae

Circle around the ball clockwise while tapping the ball.
Reverse and circle around the ball counter-clockwise while tapping the ball

Hit both sticks fast.
Superman Pose
Hit both sticks fast.
Superman Pose

Alternate hitting and kicking opposite leg
Now watch me
Bop bop bop bop bop bop bop bop bop bop bop bop bop

Now watch me
Bop bop bop bop bop bop bop bop bop bop bop bop bop

Now watch me

Alternate hitting right and left while kicking corresponding leg.

Now watch me
Touch one stick to the ball
Nae Nae

Now watch me
Touch both sticks to the ball
Nae Nae

Now watch me
Touch one stick to the ball
Nae Nae

Now watch me
Touch both sticks to the ball
Nae Nae

Now watch me

Now watch me

Now watch me

Now watch me

Touch one stick to the ball
Nae Nae

Touch both sticks to the ball
Nae Nae

Now watch me

Now watch me

Now watch me

Now watch me

Circle around the ball clockwise while tapping the ball.

Reverse and circle around the ball counter-clockwise while tapping the ball

Crank dat