Baby Shark Cardio Drumming

Baby Shark
Hit sticks together not on the ball. Switch from right to left side

Mommy Shark
Hit sticks at the same time on the top of the ball (alternate right and left side to make it harder).

Daddy Shark
Hit the sticks at the same time on the side of the ball (cross arms to make it harder).

Grandma Shark
One hand behind your back, hit only one stick on the top of the ball (alternate right and left side to make it harder).

Grandpa Shark
Hit only one stick one the side of the ball. The stick needs to stay still to hold the ball on place (alternate right and left side to make it harder).

Let’s Go Hunt
Hit sticks together above you head while walking around the ball and base.

Run Away
Hit the sticks on the top of the ball while sliding (shuffling) around the ball.

Safe at Last
Hit both sticks on the right side of the ball and make a rainbow to the other side of the ball. Repeat on the left side.

That’s the End
Alternate right and left stick hits on the top of the ball. Alternate right and left sticks hits of the side of the ball. Repeat.