

Baby Shark Cardio Drumming

Baby Shark

Hit sticks together not on the ball. Switch from right to left side

Mommy Shark

Hit sticks at the same time on the top of the ball (alternate right and left side to make it harder).

Daddy Shark

Hit the sticks at the same time on the side of the ball (cross arms to make it harder).

Grandma Shark

One hand behind your back, hit only one stick on the top of the ball (alternate right and left side to make it harder).

Grandpa Shark

Hit only one stick on the side of the ball. The stick needs to stay still to hold the ball on place (alternate right and left side to make it harder).

Let's Go Hunt

Hit sticks together above you head while walking around the ball and base.

Run Away

Hit the sticks on the top of the ball while sliding (shuffling) around the ball.

Safe at Last

Hit both sticks on the right side of the ball and make a rainbow to the other side of the ball. Repeat on the left side.

That's the End

Alternate right and left stick hits on the top of the ball. Alternate right and left sticks hits of the side of the ball. Repeat.