

Thematic Unit Beginnings: How to prepare and get started!

1. Select a Theme based on KY Core Content Standards for grade-level
2. Find topics within the theme for Language Arts, Writing, Mathematics, Science, Social Studies – Select a topic for **two** (2) of the above subject areas.
3. Select a topic related to your theme from **both** subject areas (Health & Physical Education)
4. Your theme for all should be connected to the expected learning outcomes (what students should know and be able to do in that topic at that grade level)
5. Include the standard and KY Core content piece for each lesson in your lesson plan.
6. Create a developmentally appropriate assessment for children for Health or PE. You will use the assessment during your lesson to test knowledge or skill; grade and record the grade in my grade records for your peers.

Today's objective: for PE & Health

- a. Become familiar with Resources available in the Curriculum Materials Center for PE & Health
- b. Become familiar with Resources available from Dr. Doering's office (can be checked out)
- c. Select one PE lesson for today
- d. Select one Health lesson for today
- e. **Homework** – Find, Print & Read one article on brain (Neuroscience) and physical activity connection . The article must come from a professional education journal for TEACHER's NOT a research article for professors, researchers and scientists. Must be reputable journal, not an internet journal.
 - Educational Leadership
 - PDK
 - Teacher Educator
 - The Physical Educator
 - Journal of Physical Education, Recreation and Dance
 - Other content journal such as Science Educator, Math Educator, etc.