

## Post Teaching Reflection

You must complete this form within 24 hours of any lesson that I teach during PED 220. There will be an assignment forum for you to submit these responses on Blackboard. I will then share with the class the feedback that was given to me after each lesson. The purpose of this is to help you begin to identify the teaching practices that are necessary for becoming a successful teacher. As you see me model these teacher behaviors, you should be able to implement these practices in your written lessons and teaching lessons throughout the semester.

- What was the lesson objective? How do you know this?
- What classroom management strategies did I use for the lesson? How did I manage equipment?
- Were the lesson activities developmentally appropriate for the intended grade/age level? How do you know this?
- What kind of feedback did I give? What did you notice about my movement around the activity area? Why did I do these things?
- Did I maximize my activity time by using smooth and thoughtful transitions? What specific strategies did you notice that I implemented during my lessons? Did the lesson “flow?”
- How did I address safety?
- How was the timing of my activities? Too long? Too short? What did I do to keep you engaged in the class activities?

### Model Lessons:

Tennis, Orienteering, Disc Golf and Badminton

Assignment Objective: The purpose of this type of assignment with pre-service teachers is to provide them with opportunities to observe “model” lessons by veteran teachers and be able to identify these behaviors/practices. The students in this particular course are at the beginning of their PETE program and are just beginning to learn about lesson planning and effective teacher behaviors. Following each model lesson and reflection there will be class discussion regarding the findings.

### Articles:

Walker, E. & **Johnson, I.L.** (2018). Using Best Practices when Implementing the Cooperative Learning Theory in Secondary Physical Education Programs. *Strategies*, 31(4), 5-11.

**Johnson, I.L.**, Abbate, V. & Chase, R. (2017). Strategies for integrating elementary classroom concepts and physical activity. *Strategies*, 30(6), 53-58.

**Johnson, I.L.** & Walker, E. (2016). Teaching Games for Understanding: Building a Physically Literate Individual. *Journal of Physical Education, Recreation and Dance*, 87(6), 47-49.