

## PE Central Scavenger Hunt SEMESTER PROJECT

**PE Central (www.pecentral.org)** is the premier Web site for health and physical education teachers, parents, and students. Their goal is to provide the latest information about developmentally appropriate physical education programs for children and youth. The purpose of this project is to familiarize future classroom teachers with the site and all of the useful information that is available to beginning teachers. The site can be located at the following URL: **http://www.pecentral.org**. Your assignment is to answer each of the questions listed below and record your responses in a word document. The document can then be submitted in Blackboard for assessment by the course instructor. This assignment does not require lengthy responses; however, you are expected to be detailed enough to convince the instructor that you tracked down the information and learned to use the site to your advantage. Think of this assignment as a Web site scavenger hunt and enjoy the adventure.

You should copy and paste these questions into a word document, and then you will be able to write your responses beneath each item. Make sure your name is on your document.

1. Describe the “50 States in 50 Days Project” in 3-4 sentences.
2. What is the purpose of the PE Central Challenge? Discuss in approximately 3-5 sentences.
3. What are the PE Central Challenge Tasks and why do you think these tasks were selected? Please list the tasks and provide a brief paragraph (minimum of 4 sentences) to support your answer.
4. Click on the content tab on the navigation bar. Go to the section, “Creating a Positive Climate for Learning”, and click on “Tips for beginning teachers.” List three tips that you believe you might use in a PE setting and describe why you would use them. List the three chosen tips and discuss your choices in a minimum of 5 sentences.
5. From the “Top Web sites” link, select a website that interests you and in one paragraph (minimum of 5 sentences), summarize why this would be a good website for classroom teachers to use.
6. Go to “Bulletin Board Ideas” and select three different types of bulletin boards and tell (in approximately 3-5 sentences for **each** bulletin board selected) why you think each is effective in passing on a message to students. To label your choices, list the person who submitted the idea and their school.
7. Go to “Lesson Ideas” and then to “Grades 3-5.” Review three lessons and discuss your ideas on how well you think the ideas would work. List the names of each lesson and provide a discussion of approximately 4-5 sentences for **each** of your selected lesson ideas.
8. As a teacher you may need to purchase resource “reading” materials in order to teach children about physical activity. Go to “shop” and then to “elementary.” From the list describe the three resources you are most likely to purchase and why. Please list the resource and provide approximately a 3-5 sentence discussion for each.

9. Go to S&S PE Superstore and look at the equipment. If you had \$100 set aside to purchase equipment to use in your classroom to help children develop physical skills what would you purchase? List the items and prices and a possible activities you would implement with the equipment.
10. Go to the PE Central Media Center, and then click on PE Videos. Scroll down to find the technology and PE section and click on Exergaming Vision. Watch this short video and then explain what exergaming is and how you may be able to integrate it in your classroom in a two brief paragraphs (approximately 3-5 sentences each)?
11. Go to the PE Central Media Center, and then click on PE Videos. Scroll down to the Teaching Skills section and watch the Teaching by Invitation video. What does it mean, to “teach by invitation”, and why may it be important and beneficial in the classroom? Discuss this in a minimum of 5 sentences. Provide 2 examples of how you might use this teaching strategy in your classroom.
12. Click on the Sites section of the drop down navigation bar, and then choose Integration. Then, click on the Activity Energizers for the Classroom link and scroll down to the Elementary School Energizers link. Explain what “Energizers” are and why they were developed (discuss this in approximately 3-5 sentences). Then choose 3 of the lessons to review that you feel are relevant to you as a teacher and write a brief summary of each (approximately 3-5 sentences for each summary).
13. Click Programs, and then choose Log It from the drop down. Describe the Log It program and list its features (provide an overview in approximately 4-6 sentences).
14. From the main page, click on Content from nav bar and click Adapted PE. Click on the Disability Fact Sheets; click on “Diabetes Mellitus”. Describe/summarize this disease in approximately 4-5 sentences. Look over the PE goals for students with diabetes and the recommended activities. Look at the effective teaching strategies. List 4 things you should do for students with diabetes.