How to Use

This is meant to be a fun game that you can use with kids during the winter season.

Students can play using the pre-filled board or by customizing the blank one with the skills you are working on in class.

You can get the students involved by having them fill in the game with their own exercises, or as a part of their assessment for fun.

How to Edit

1. Go to the INSERT menu.
2. Choose a TEXT BOX.
3. Drag the text box where you want it.
4. Type and format the text you wish to include.
How to Play

- Prepare the game by constructing the dice. Cut out the winter player pieces and game cards.
- Get into groups of two to four students.
- Each player chooses a different color player piece.
- Teams only require one die each.
- The youngest student rolls first and the oldest student rolls last.
- Everyone in the group has to do the exercise a player lands on or any activity on a card a player chooses.
- The first person to get to the finish line wins.
START

Pick a card.

You find yourself on a slippery slope. Do 10 toe touches.

Pick a card.

You're invited to a winter party! Run around with joy for 10 seconds.

Pick a card.

To cross over the bridge, do a yoga Bridge pose for 10 seconds.

Pick a card.

If you crossed the bridge, you may rest here. If not, pick a card.

Pick a card.

Your fingers and toes are frozen. Do 10 jumping jacks to warm them up.

Pick a card.

Warm up to some hot cocoa and skip to the next purple space.

Pick a card.

It's freezing outside! Warm up by doing 10 jumps around the room.

Pick a card.

Time to impress the P.E. teacher. Do 10 push ups.

Pick a card.

Warm up to some hot cocoa and skip to the next purple space.

Pick a card.

It's freezing outside! Warm up by doing 10 jumps around the room.

Pick a card.

You meet a friendly snowman. Move forward one space.

Pick a card.

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Pick a card.

You find yourself on a slippery slope. Do 10 toe touches.

Pick a card.

You got stuck in a blizzard. Quick! Do 10 lunges.

Pick a card.

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