

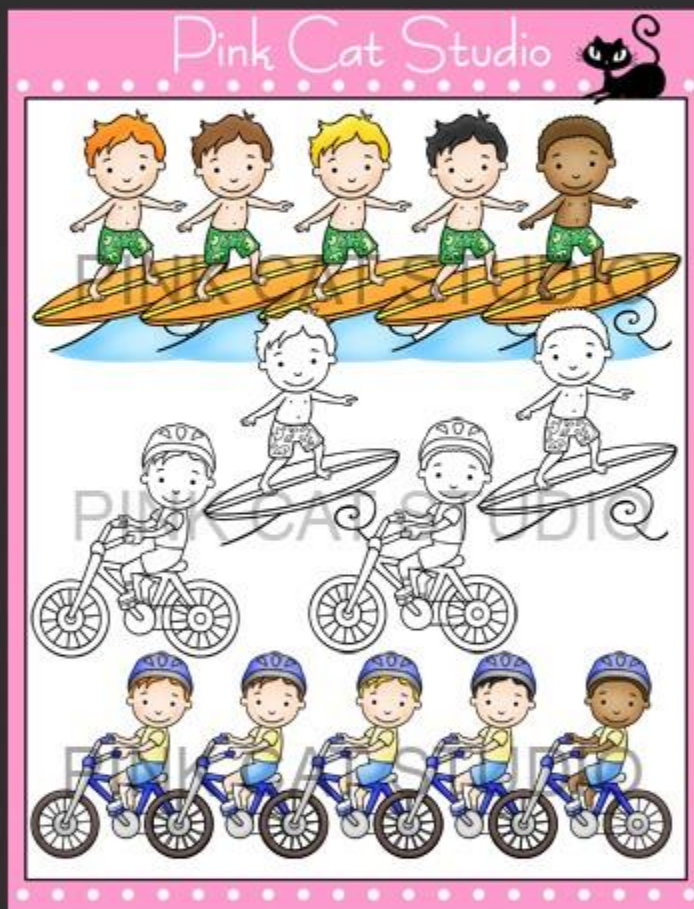
# Soccer Noodler

- ✓ A fun and engaging game to teach soccer dribbling, trapping, chasing, and fleeing to 3-5 graders. Includes instructions, cues, and an image of the game with fun clip art for the students!

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# Soccer Noodler Tag



**Grades:** 3-5

**Skill:** Soccer Dribbling,  
Trapping, Chasing and Fleeing

**Equipment:** 3-5 Hula Hoops, 3-5 Pool Noodles, and 1 Soccer Ball Per Student

**Dribbling Cues:**

Quick Eyes

Eyes Alert

Look Up

Inside/Outside Soft Taps

Keep Ball Close to Feet

## How to Play:

- ✓ 3 students stand in 3 hoops placed strategically in the gym or play area so students have to dribble past them. They are called ‘Noodlers.’
- ✓ The three students in the hoop have a pool noodle
- ✓ Everyone else is dribbling around with a soccer ball.
- ✓ The Noodlers have to try to reach their noodle out and tap a dribbler’s ball as the dribbler passes by.
- ✓ If a dribbler’s ball gets tapped, the dribbler has to go to the exterior of the playing area or gym and do 5 ball taps (alternate tapping ball on feet five times) or an exercise the teacher chooses 5 times.
- ✓ Change Noodlers every 3-5 minutes.
- ✓ Repeat until everyone has had a turn to be a Noodler.

**Safety Highlight:** Ensure students know to keep the ball under control and down by their feet.

**Variations:** Add more hoops and Noodlers, add pathways and levels, or use different types of balls.

