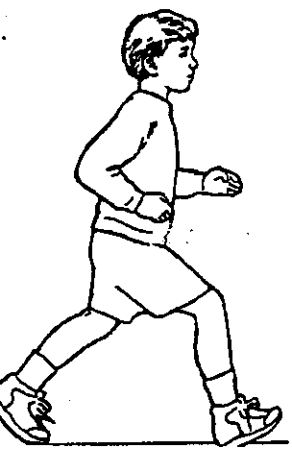
L is for



Lifting Weights

L and M

is for



Walk



Hop



Skip



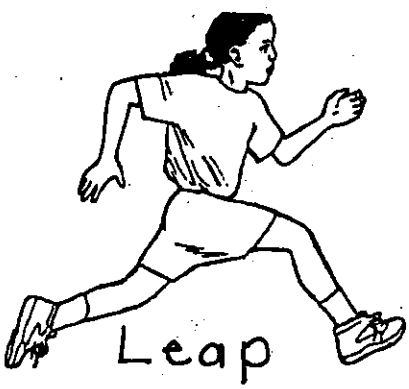
Jump



Gallop



Slide



Leap

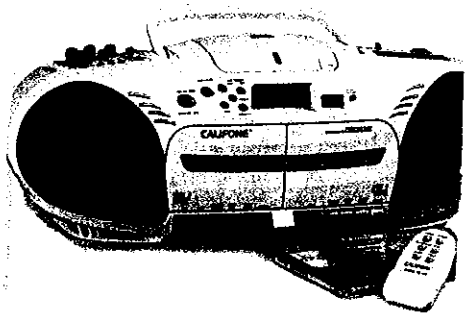


Run

Locomotor Movements

M is for







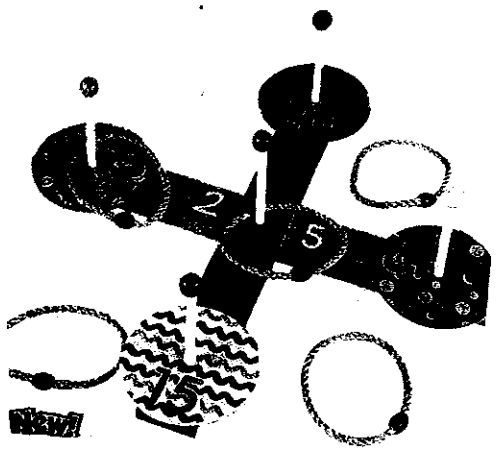
Move to the Music

M is for



March around Markers

N is for



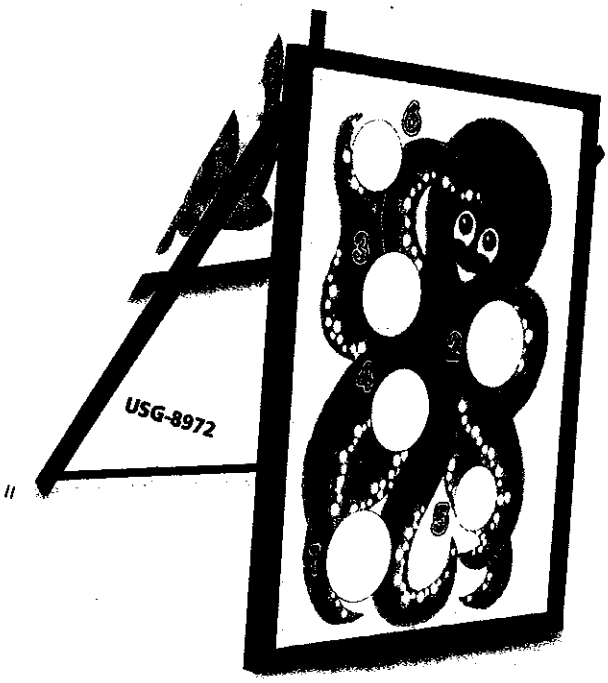
Number Ring Toss

N is for



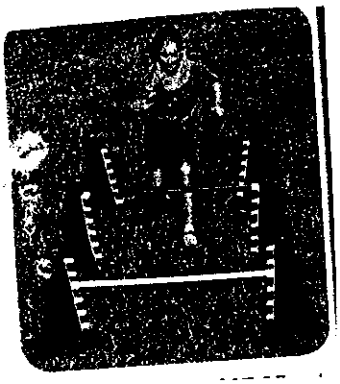
Number Dash

O is for



Octopus Bean Bag Toss

O is for





Over the Hurdles

P

is for



Playground Ball

P Q

and

is for





Puppets and Quiet Time

Q

is for





Quiet Time

Q is for



Quarterback

R is for



Ring Toss

S is for



Scooter Board

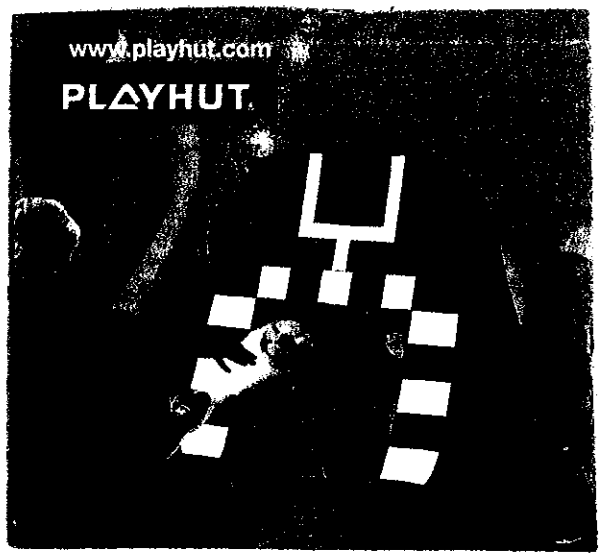
S is for





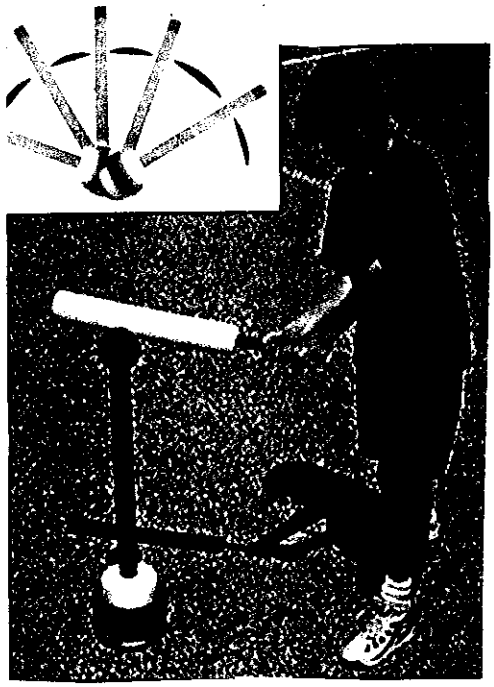
Stompers

T is for



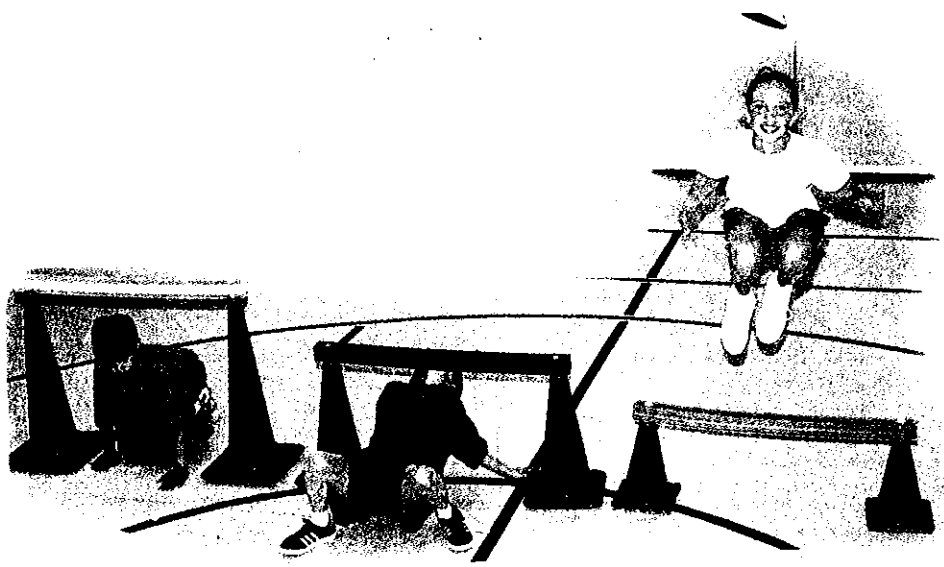
Target

T is for



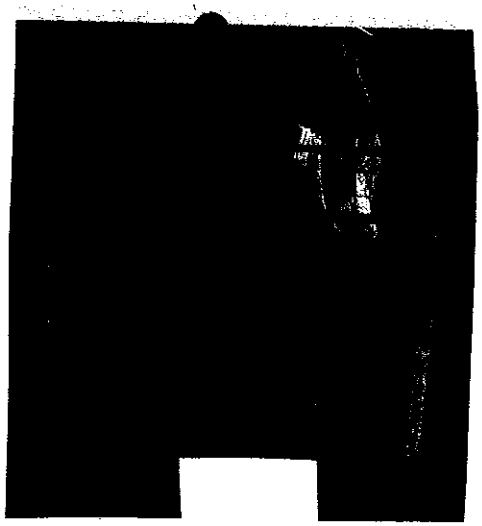
Tee Ball

U is for



Under and Over

V is for



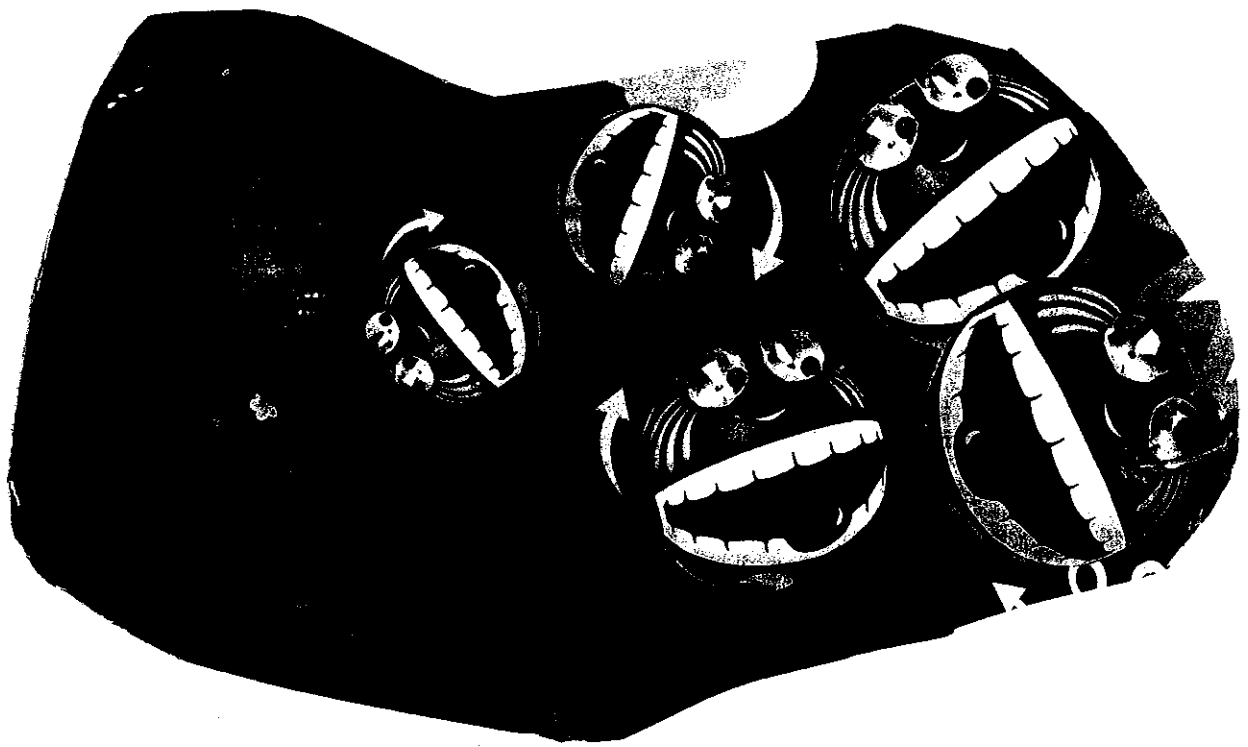
Volleyball

W is for



Working Together

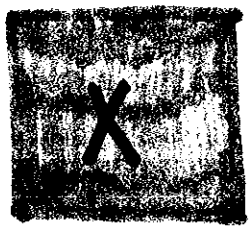
W is for



Wobble Ball

X is for







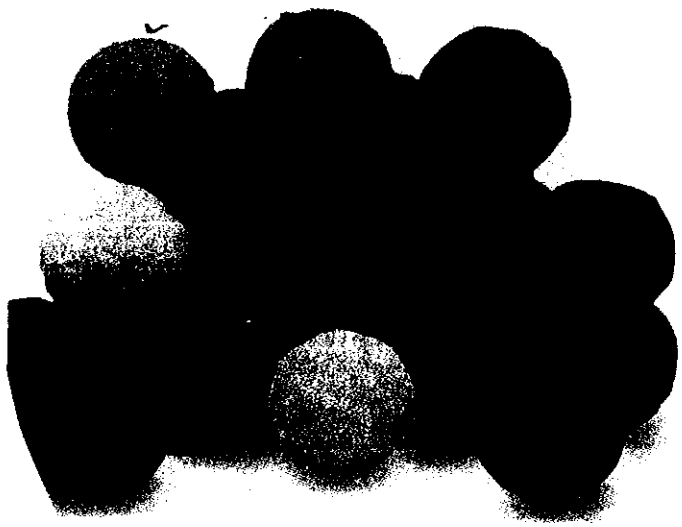


X Marks the Spot

Y

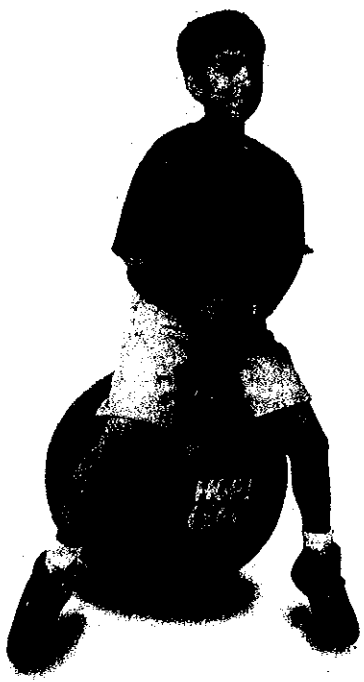
is for

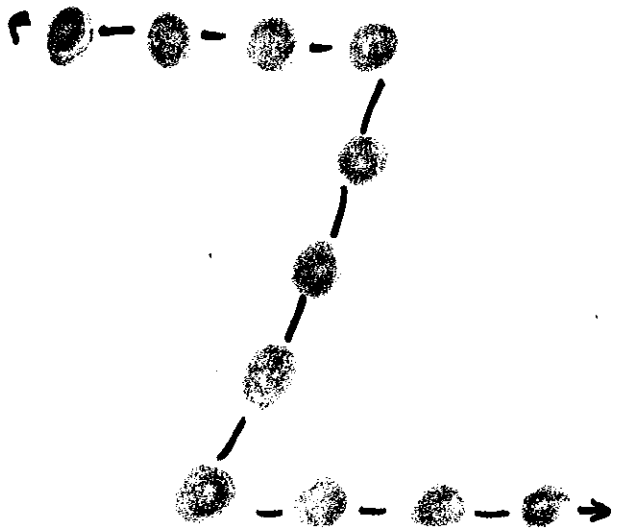




Yarn Ball

Z is for





Zig Zag Pattern