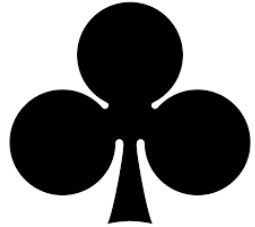
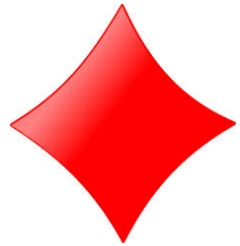




Jumping Jacks



Shoulder Touches



#4 Stretch

Do the number on the card both on your right and left side.



Tree Balance

Do the number on the card both on your right and left side.



Face cards-dribble 10 times in the hand that is not your favorite.