

# The Chicken Dance

Open your hands like birds beaks  
flap your arms like little wings  
shake your tail  
and then you clap  
1, 2, 3, 4

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flap your arms like little wings  
shake your tail  
and then you clap  
1, 2, 3, 4

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and then you clap  
1, 2, 3, 4

Now you circle to the right  
Now on and on you circle left  
Now on and on you circle right  
Now You Are Doing The Chicken Dance!

Source: [Musixmatch](#)

Songwriters: WERNER THOMAS / TERRY RENDALL

# The Chicken Dance Drum Fitness

Hit sticks together at chest level  
Hit sticks together at waist level  
Squat and alternate hits on the ground  
Hit sticks together to simulate clap.

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Hit sticks together at waist level  
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Hit then move arms out while marching in place  
Hit then move arms out while marching in place  
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