

Name of Activity: Building Dribblers

Purpose of Activity: To practice hand dribbling skills and to build cooperative strategy skills.

Activity cues: Fingerpads, Waist-level, Push ball, and Head up (eyes forward).

Prerequisites: Some ball control ability to dribble with one hand or bounce with two hands.

Suggested Grade Level: 1-3

Materials Needed: Intermediate sized basketballs (or rubber ball that bounces) for every team of students; 1-2 foam building blocks or 1-2 various pieces of equipment (e.g. Frisbees, poly spots, foam noodles, foam dice, foam sticks, foam paddles, etc) for each student.

Description of Idea

Designate areas for teams to build their own structures or artworks (inside a hula hoop or inside a 2 jump ropes, etc).

Have students gather in small groups of 4-6 in their designated building area of the gym. Place foam building blocks in buckets or hula hoops in the center of the gym. Alternatively place various pieces of gym equipment in the center.

Have each team select the type of ball they prefer to dribble by hand. On the teachers signal to begin, 1 member of each team dribbles to the center of the gym to pick up a foam building block or piece of gym equipment. The student continues dribbling with the block/piece back to the team's designated area of the gym.

Each team chooses 1) what they would like to build, 2) what pieces they will need and 3) who they will send to get them.

While the students are dribbling to gather building materials the teacher can observe students' abilities to dribble and how fairly the students cooperate in each team. Building concludes on teachers' timed signal.

Variations:

Lower-skilled students can dribble with two hands and bring a teammate to carry building block/piece. Higher-skilled students can balance one building block on their

head or balance a piece of equipment on their body while carrying another and dribbling with one hand.

Teaching Suggestions:



Have students suggest a criterion for evaluating structures. Should it be the tallest? Most creative?

Assessment Ideas:

Students can evaluate each building result on a scale of 1-5 by holding up number of fingers.

Notes added: Foam blocks available at Toys R Us for \$22

Optional Suggest roles for students :

- Dribbler or “Material Acquisition Specialist”
- Materials Specialist Assistant
- Building Designer
- Checker/ Referee
- Encourager of Participation
- Praiser