

BATTING ASSESSMENT

Name

Date

1. Feet are shoulder width apart and knees slightly bent:
YES___ NO___
2. Elbows are away from body and bat is above the shoulder:
YES___ NO___
3. Steps forward with the correct foot as they swing the bat:
YES___ NO___
4. Watches ball as they swing the bat:
YES___ NO___
5. 'Wraps' bat around body through the swing:
YES___ NO___

Grade