



PE Central Cooperative Fitness Challenge Tracking Sheet

School: _____ **Grade:** _____ **Class:** _____

Cooperative Fitness Challenge Tasks Key	
1. Partner Jumping Jacks	4. The Frogger (Squat Thrusts, Burpees)
2. Partner Sit Up Throw and Catch	5. Partner Plank Taps
3. Crab Walk Beanbag Pick Up	6. On the Move Throw and Catch

Name:	1	2	3	4	5	6	Results G/S/B
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G=Gold (6/6 passed), **S**=Silver (5/6 passed), **B**=Bronze (4/6 passed)