



PE Central Professional Development – Online Courses
Enroll Now: sww.teachable.com

Course: Adapted PE Programming for the Autism Population

Course Dates: Ongoing / Self-paced

Cost: \$99.00

Credit: 8 hours of professional development (No grad credit or CEU's available)

Instructor: Eric Chessen, Autism Fitness Founder, Charlotte, NC

Assignments:

- Watching videos and reading short articles on how to effectively make a quality program for children with Autism
- Complete short quizzes about articles read and videos viewed
- Read articles and post responses on message board

Who Should Take: This course has been designed for general and adapted physical education teachers working with ages 5-18.

Course Purpose/Description: There are often barriers to implementing fitness and adapted PE programs for the autism population. In order to do so successfully, instructors must understand and appreciate physical, adaptive, and cognitive functioning as they relate to movement activities. This course addresses the specific considerations for each area of ability and provides strategies for designing and implementing programs for groups/classes.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

What you will get out of the course:

- 8 hours of Professional Development (check with your principal or PD Dept.)
- Certificate of Completion

What you need to take the course:

- Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents.

To Learn More Contact Mark Manross at PE Central

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