



PE Central Professional Development – Online Courses
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Course: Methods of Teaching Children and Adolescents Physical Education

Course Dates: Monday, April 6 - Friday, May 29, 2020 (8 weeks)

Pre-registration Dates: through April 9, 2020

Cost: \$399.00. If you choose to purchase graduate credits the cost is an additional \$165 will be paid to Adams State Univ.

College Credit: Optional 3 graduate credits from Adams State University, Alamosa, CO. You will register with ASU and the extra cost is \$165 (\$55 per credit hour) payable to ASU

Instructor: Dean Manross, Former Elementary PE Teacher (25 years), McDonough, GA

Who Should Take: K-12 Physical Education Teachers

Book (Required): Graham, G., Elliott, E., & Palmer, S. (2016). *Teaching Children and Adolescents Physical Education*, 4th Ed. Human Kinetics. ISBN: 9781450452939.

Course Purpose/Description: The purpose of this course is to provide physical education teachers with the ability to understand, recognize, analyze, and demonstrate the range of teaching skills and methods used by successful physical educators. Emphasis is placed on understanding the theoretical implications of different teaching methods and the contexts in which they are effective. Some of the teaching skills and methods covered are motivating students to practice, building positive feelings, creating a positive learning climate, observing and analyzing, providing feedback, and assessing students through formative assessment. Along with the text, several videos will be shown to illustrate these teaching practices and methods.

Benefits:

- Flexibility - Complete assignments at your own pace during the week
- Earn college graduate credit from the comfort of your own home
- Put credit towards your teacher licensure renewal (check with PD Coordinator)
- Affordability – Total for entire course including required text and optional graduate credits from Adams State Univ. will be approximately \$676 (depending on cost of book).

What you will get out of the course:

* Certificate of Completion (45 PD hours) & optional 3 graduate credits are available from Adams State University. ASU admission is not required. Register and pay for credit with Web link provided during course. We suggest paying for this during the course!

What you need to take the course:

- Access to the Internet using a computer/tablet and ability to view videos, PDF and Microsoft Word and PowerPoint documents. You will not need access to any students or children to complete the course.

To Learn More Contact Mark Manross at PE Central

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