



PE Central Professional Development – Online Courses

Enroll Now: swww.teachable.com

Course: Creating the “Perfect” PE Lesson Plan

Course Dates: Ongoing / Self-paced

Cost: \$49.00

Credit: 6 hours of professional development (No grad credit or CEU's available)

Instructor: Bryan Capes, Elementary PE Teacher, Puckett's Mill Elementary, GA

Assignments:

- Learn how to create a learning target.
- Learn how to create an effective lesson plan using templates provided.
- Create a visual aid to support what you are doing in the lesson

Who Should Take: K-12 physical education teachers.

Course Purpose/Description: The course is designed to help teachers plan their lessons effectively. My goal is that this course will inspire physical educators to develop and implement lesson plans in their classrooms so that students can master skills and experience Moderate to Vigorous Physical Activity (MVPA). The course will help teachers to efficiently plan lessons even with large classes.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

What you will get out of the course:

- 6 hours of Professional Development (check with your principal)
- Certificate of Completion

What you need to take the course:

- Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents.

To Learn More Contact Mark Manross at PE Central

678-764-2536 (cell)

Web: <http://swww.teachable.com> Email: ecourses@pecentral.org