



What Works in Physical Education  
PE Central Professional Development – Online Courses

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**Course: Implementing a Peer Assistance Program into Your Elementary PE Program**

**Course Dates:** Ongoing

**Cost:** \$49.00

**Credit:** 5 hours of professional development (No grad credit or CEU's available)

**Instructor:** Amy Gagnon, Associate Professor, Central Connecticut State Univ., New Britain, CT

**Assignments:**

- Read articles about peer assisted PE programs and post thoughts on message board.
- View video segments to help you better understand this method.
- Create a lesson plan and an assessment.

**Who Should Take:** Elementary (PK-5) physical education teachers. Can be modified to work for secondary PE teachers.

**Course Purpose/Description:** The benefits of physical education are astounding and for those students who have physical, cognitive, emotional, sensory and social needs, additional time in physical education is vital. Implementing a peer assistance program meets the needs of low performers whether they qualify for adapted physical education or not. There is also tremendous benefit to the older peer assistants. This course will help provide the teacher with the rationale needed for the program, benefits, background preparations, advocacy tips to get school leaders, classroom teachers and parents on board as well as ideas to implement the PE curriculum during the school year.

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**Benefits:**

- Flexibility - Complete assignments at your own pace and schedule.
- Grade free - Complete your assignments, get feedback from instructor and platform.

**What you will get out of the course:**

- 5 hours of Professional Development (check with your principal or PD Dept.)
- Certificate of completion

**What you need to take the course:**

- Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents.

**To Learn More Contact Mark Manross at PE Central**

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