Name/Title: Frisbee Throwing Assessment

Purpose of Event: To assess students ability to properly throw frisbees.

Suggested Grade Level: 6-8

Materials Needed: Targets, Frisbee's, poly-dots, Rubric

Description of Idea

Students throw a frisbee at various targets using the proper technique. When they begin to become successful students have the option of moving further back to increase the difficulty.

View Rubric (PDF)

Submitted by **Lauren Chilcott** in Stevens Point, WI. Thanks for contributing to PE Central! **Posted on PEC: 3/5/2010**.

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