

Name/Title: Following the Leader

Purpose of Event: To enter the P.E. room safely in an orderly fashion ready to listen, learn and move.

Prerequisites: None needed

Suggested Grade Level: PRE-K

Materials Needed: Designated area for students to sit

Description of Idea

As students walk into the P.E. room we sing "We're following the leader, the leader, the leader. We're filling up the front row, the front row, the front row. We're filling up the back row, the back row, the back row." Students sit on a colored tape line. They know when the tape runs out on the front row the next person goes to the end of the back row. Next I say, "Everyone's sitting on their bottoms, legs crossed, hands in your lap, eyes this way and you have your listening ears on. Good morning or Good Afternoon!" They know then we are ready to begin.

Assessment Ideas:

Watch children's movements to see if they follow your cues.

Adaptations for Students with Disabilities:

Have children help guide those with disabilities.

Submitted by **Joannie Kellum** who teaches at Eastern Elementary in Washington, NC. Thanks for contributing to PE Central! **Posted on PEC: 2/17/2009.**

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