Name/Title: Fire Chief

Purpose of Event: To demonstrate competency in locomotor skills needed to perform a variety of physical activities while moving safely in general space.

Activity cues: 1. Keep your eyes up. 2. Slow down or speed up to avoid "crashing."

Prerequisites: 1. Students should be familiar with National Fire Safety Prevention Week. 2. Students should have practiced and be familiar with "cues" for moving safely in general space. 3. Students should have prior practice performing locomotor movements.

Suggested Grade Level: K-2

Materials Needed: One hoop for every one-two children (different colors to represent numerous fire stations). Optional: fireman's hat or red jersey and bull horn (megaphone) with siren.

Description of Idea

Scatter the hoops around the gym. Assign "firefighters" to a fire station (no more than two per hoop). The "Fire Chief" (teacher wearing a fireperson's hat or red jersey) announces (using the bullhorn) "FIRE, FIRE." Students listen to the Fire Chief's command: "I see firefighters walking safely to put out the fire." Students demonstrate walking safely in general space using the "cues." As they are walking, the "Fire Chief" announces (using the bull horn) the two activity cues. When the fire siren sounds, firefighters must travel safely back to a fire station using the same locomotor skill. Students wait for the next command. Continue playing until all locomotor skills have been performed (walk, run, hop, jump, gallop, slide, leap, and skip).

Assessment Ideas:

1. Use a checklist of the eight locomotor movements.

Teaching Suggestions:

Have students demonstrate locomotor skills and ask peers to state the locomotor movement.


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