

Name/Title: Directions (N,S,E,W)

Purpose of Event: To help students learn different directions, to practice making turns, and to help in class management (i.e. lining up).

Prerequisites: Create posters (bigger is better), each with one large letter to represent the different directions (N, S, E, W) and tape or attach them to the gym walls at the correct location. Explain the meaning of the letters to the children.

Suggested Grade Level: K-2

Materials Needed: Tagboard or poster board for the letters, markers, tape.

Description of Idea

When you need the children to face a certain direction, say, "Face North", or whatever direction you need them to face. You can also use challenges with this activity. "Take 5 jumps to face the South wall." This is also great for learning 4-wall or 2-wall line dances. Use it also for dismissal purposes, "**Let's dismiss from the West today.**" The possibilities are limitless.

We have 50 children in our physical education classes and this teaching tip makes for better class management. We continue to reinforce "right" and "left", but also use the "direction" concept every class.

Submitted by **Kathy Delaney** who teaches at Grand Prairie Elementary School in Frankfort , IL . Thanks for contributing to PE Central! **Posted on PEC: 5/17/2000.**

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