

Name/Title: Famous Faces Field Day

Purpose of Event: A fun educational themed based field day.

Suggested Grade Level: 3-5

Materials Needed: Information about the famous people was gathered from WIKPEDIA.COM. Materials for each event are in the descriptions. Also, a large picture of the famous person is posted at each event. Climbing wall, parachutes, paddles, balloons, 5 nets, frisbees, cones, hoops, foam balls, plastic bats, cones/batting tees, scooters, tunnels, hurdles, balls to hand dribble.

Description of Idea

Each of the eleven stations described below is run by parents and staff members. The homeroom teacher's task is to help manage students and take their class to the events. The day begins with a short assembly at about 8:30. The first event begins at 9:00am then every 15-20 minutes students will travel to another event. At 11:00 there is a break for lunch during which students and teachers are given a rest period and we show a movie in the gym. The events restart at 12:30 and finish at around 2:00.

Each event is based on a famous person from history or pop culture.

1. Sir Edmond Hillary/Tenzing Norgay-Students will use our 40 foot rock climbing wall to climb sideways across the wall.

Sir Edmund Percival Hillary-(1919 – 2008) was a New Zealand mountaineer and explorer. On May 29th 1953 at the age of 33, he and Sherpa mountaineer Tenzing Norgay became the first climbers known to have reached the summit of Mount Everest- the tallest mountain on Earth.

2. Neil Armstrong-student will participate in various parachute activities.

Neil Armstrong-is a former American astronaut, test pilot, university professor, and United States Naval Aviator. He was the first person to set foot on the Moon. Armstrong's was as mission commander of the Apollo 11 moon landing mission on July 20, 1969. On this famous "giant leap for mankind", Armstrong and Buzz Aldrin descended to the lunar surface and spent 2.5 hours exploring.

3. Venus and Serena Williams-Students will strike a balloon/beach ball back and forth across a short net. I use foam racquets and 5 nets.

Venus Ebony Starr Williams-is an American professional tennis player, former World No. 1, and the reigning Wimbledon singles champion.

Serena Jameka Williams, is an American former World No. 1 ranked female tennis player who has won eight Grand Slam singles titles and an Olympic gold medal in women's doubles. She is the last player, male or female, to have held all four Grand Slam singles titles simultaneously.

4. Abe Lincoln-Students will play a modified frisbee golf game throwing their frisbee's from a cone to a hoop. All the frisbee's have a photocopied face of a penny taped on the top.

Abraham Lincoln-(February 12, 1809 – April 15, 1865) was the sixteenth President of the United States. During his term, he helped preserve the United States by leading the defeat of the secessionist Confederate States of America in the American Civil War. He introduced measures that resulted in the abolition of slavery, issuing his Emancipation Proclamation in 1863 and promoting the passage of the Thirteenth Amendment to the Constitution in 1865.

5. Colonel Harlan Sanders-(we're in Kentucky so we had to have one of the most famous Kentuckians ever!) This is the snack station. Parents donate snacks and I asked the local KFC to donate any buckets or serving items with the Colonel's face on it.

Colonel Harlan Sanders-owned a service station in Corbin, Kentucky where he perfected a method of cooking Kentucky Fried Chicken. The Colonel's secret flavor recipe of 11 herbs and spices that creates the famous "finger lickin' chicken" remains a trade secret.

He was given the honorary title "Kentucky Colonel" in 1935 by Governor Ruby Laffoon. Sanders chose to call himself "Colonel" and to dress in a stereotypical "Southern gentleman" costume as a way of self-promotion. Sanders sold the Kentucky Fried Chicken corporation in 1964, although he remained its corporate spokesman until his death.

6. Babe Ruth-One person hits a foam ball off a cone and one person catches, then they switch.

"The Babe", "The Bambino", and "The Sultan of Swat"- was an American Major League baseball player from 1914 to 1935. Named the greatest baseball player in history in various surveys and rankings, his home run hitting prowess and charismatic personality made him a larger than life figure in the "Roaring Twenties". He was the first player to hit 60 home runs in one season (1927), a record which stood for 34 years until broken by Roger Maris in 1961. Ruth's lifetime total of 714 home runs at his retirement in 1935 was a record for 39 years, until broken by Hank Aaron in 1974.

7. Jesse Owens-Variou running races: fastest group, fastest individual, fastest boy, fastest girl.

James Cleveland "Jesse" Owens -was an African American track and field athlete. He participated in the 1936 Summer Olympics in Berlin, Germany, where he achieved international fame by winning four gold medals: one each in the 100 meters, the 200 meters, the long jump, and as part of the 4x100 meter relay team.

8. Danica Patrick-Students will sit on scooterboards and be pushed by a partner through a

simple circular course.

Danica Sue Patrick - is an American auto racing driver competing in the IndyCar Series. Patrick was named the Rookie of the Year for both the 2005 Indianapolis 500 and the 2005 IndyCar Series season. She became the first female driver to lead the race at Indianapolis, first when acquiring it for a lap near the 125 mile mark while cycling through pit stops, and late in the race when she stayed out one lap longer than her rivals during a set of green-flag pit stops.

9. Dr. Martin Luther King Jr.-Students will have some free play on the playground.

Dr. Martin Luther King, Jr.-(January 15, 1929 – April 4, 1968) was one of the pivotal leaders of the American civil rights movement. His efforts led to the 1963 March on Washington, where King delivered his “I Have a Dream” speech. Here he raised public consciousness of the civil rights movement and established himself as one of the greatest orators in U.S. history. Martin Luther King Day was established as a national holiday in the United States in 1986.

10. Oprah Winfrey- Students will travel through an obstacle course consisting of hoops, tunnels and hurdles.

Oprah Gail Winfrey -(born January 29, 1954) is the American multiple-Emmy Award winning host of The Oprah Winfrey Show, the highest-rated talk show in the history of television. She is also an influential book critic, an Academy Award-nominated actress, and a magazine publisher. She has been ranked the richest African American of the 20th century, the most philanthropic African American of all time, and the world's only black billionaire for three straight years. She is also, according to some assessments, the most influential woman in the world.

11. Billy Guilespe (University of Kentucky mens basketball coach)

Rick Patino (University of Louisville mens basketball coach)

*feel free to substitute any local coach for your area.

This station is a dribble relay. Students will dribble a basketball down, around a cone and back.

Teaching Suggestions:

To ensure maximum activity for all students, make sure there is plenty of equipment at each station so waiting for a turn is minimized. If equipment availability is an issue limit the number of classes participating on a given day.

Submitted by **Daniel Hill** who teaches at Collins Lane Elementary in Frankfort, KY. Thanks for contributing to PE Central! **Posted on PEC: 5/6/2008.**

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