

Name/Title: Golden Sneaker Award

Purpose of Event: To encourage students to participate in physical education using the proper behavior.

Prerequisites: Rules of the class must be understood.

Suggested Grade Level: 3-5

Materials Needed: Yellow tag (post-it-note works well), Laminated sneaker award sign for each class, Chart for the gym to keep track track, Golden Sneaker days equipment for free play

Description of Idea

At the beginning of each year, I laminate a Golden Sneaker sign for each classroom. Students hang their earned class points on this sign, count up the points, and they are responsible for bringing them to my class when they have earned enough (50).

The Physical Education teacher awards 0-10 points per day to each class for their behavior and protocols during his/her class. Classes take the **yellow point tag** to their homeroom and post it on the sneaker sign. When a class has earned 50 points, they earn **Golden Sneaker Time** (10 minutes worth of free choice activity time in PE).

Phrases like "You earned a point for walking quietly in line", "You put away your equipment without throwing it--2 points earned", etc. are positive ways to reinforce the protocols/rules of your class.

Classes will quickly learn that there is a direct relationship between number of points awarded each day and the frequency of Golden Sneaker Time.

Bonus points: Classes earn 1 bonus point for having everyone in their class wear sneakers.

Submitted by **Laurie Alsobrook** who teaches at Melrose Elementary School in Melrose , FL . Thanks for contributing to PE Central! **Posted on PEC: 5/17/2000.**

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