

Name/Title: Window Soccer

Purpose of Event: Students practice moving to open space and passing a soccer ball to open players.

Prerequisites: Soccer dribbling and passing to a moving target.

Suggested Grade Level: 6-12

Materials Needed: Soccer ball and two large cones for each group.

Organization:

Groups of 4 or 6 (two teams of 2 or 3)

Description of Idea

Two cones are set up for the goal [window]. The distance the cones are apart is up to the instructor and the tighter the cones the less the scoring. There are no out of bounds except for obvious unsafe areas. One team scores through the cones one way [ie. north] while the other team scores through the other [ie.south]. The teams must only be able to score from their own direction. Anyone can block the shot, but no one can use their hands. The play does not stop when a goal is scored and the team can immediately score after the ball goes through the goal. Goals can only be scored from the knees down. The goals can be scored fast when everyone is around the goal kicking the ball in. All soccer rules are reinforced including free kicks.

Variations:

Make the "window" larger or smaller.

Use uneven teams, i.e. 2 vs. 3.

Add a safety circle around the "window" where no players are allowed to go.

Add a "3 step then pass" rule.

Require both groups to play a zone defense when they don't have the ball.

Assessment Ideas:

Students are successful when they pass the ball around instead of dribbling.

Have students count how many successful passes they make before a shot on goal.

All team members pass two times before a shot on goal while you are watching.

Submitted by **Charlie Shahbazian** who teaches at Allendale School in Lake Villa, IL. Thanks for contributing to PE Central! **Posted on PEC: 9/22/2001.**

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