Name/Title: **Peanut Butter and Jelly**

Suggested Grade Level: K-2

Materials Needed: Cones for boundaries

Description of Idea

Set up cones to establish boundaries for the playing area. Each student must secretly decide to be either "peanut butter" or "jelly". Have all students walk in the playing area. On the teacher's "STOP" signal, students stop walking and shout whether they are "peanut butter" or "jelly". If students hear the opposite spread, they join hands or lock elbows to become a peanut butter and jelly sandwich. The sandwich then walks in the playing area together. The sandwich also must secretly decide whether to be "peanut butter" or "jelly" when the "STOP" signal is heard again. The activity continues until thick sandwiches are made or the activity can stop at the teacher's discretion.

Teaching Suggestions:

- Have students walk first. Change the locomotor movement only if students can safely travel in that mode while holding hands or locking elbows with other students.
- If students do not want to hold hands or lock elbows, give each student a foam noodle to grab instead.
- Instead of "peanut butter and jelly", use other terms such as "ham and cheese".

Submitted by **Stan Ewy** who teaches at Otis-Bison Intermediate School in Otis , KS . Thanks for contributing to PE Central! **Posted on PEC: 7/20/2001**.

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