Name/Title: Basketball Golf

Purpose of Event: Make shooting fun and competitive. Give students various range/difficulty to shoot a basketball

Prerequisites: Proper technique for shooting a basketball set shot/ jump shot

Suggested Grade Level: 9-12

Materials Needed: Index cards with hole and par numbers on them (i.e. Hole 1, par 2 or Hole 2, Par 3), basketballs (One per group), score cards (like miniature golf), and pencils/pens to keep score.

Description of Idea

Before class, tape index cards to floor around the gym. The hole numbers should begin with 1 and move clockwise around the gym with par 1 cards close to the basket, par 2's near the foul line, and par 3's near the three-point line. When setting up the course use all baskets in your gym. We have 6 baskets in our gym so the students make 3 clockwise circles around the gym. Make sure they move to the next basket after completing one "hole". Students complete the "Par 3 Hole 1" before moving to the "Par 2 Hole 2" at the next basket. Each group starts at a different basket (shot gun style). If one group starts at hole #15, they then play hole #16 at the next basket and so on. Students get into groups of 3 to 4, are assigned a basket to start at, and take a basketball, pencil and scorecard. Give them a max of 5 shots/hole. On their scorecard write down the number it took to make the basket. You are looking to finish with the lowest score. After all holes are completed, have the students total their scores. Make sure the students shoot from the sides of the cards. If they stand on them, they will tear off. Two groups then can shoot on either side of the card at one time. Walk around to make sure they are moving in the right direction and are filling out the scorecard properly. Enjoy!

Assessment Ideas:

On back of their score cards, have students write cues for shooting the basketball.

Adaptations for Students with Disabilities:

Place a hula hoop under the baskets to use as holes for physically challenged students.

Submitted by **Sandy Kupchick** who teaches at Brandywine High School in Wilmington, DE. Thanks for contributing to PE Central! **Posted on PEC: 8/30/2001**.

Visit S&S Discount for all your physical education equipment and supplies!