

**Name/Title:** Loop Da Hoop

**Purpose of Event:** To have students practice cooperation skills as a group while working on a task

**Suggested Grade Level:** 3-5

**Materials Needed:** One or more plastic hoops

### Description of Idea

Instruct players to hold hands in a circle with a hoop hanging over a pair of hands between two people. On teachers signal, tell the group to pass the hoop around the circle **without letting any hands go**.

Encourage players to use different strategies to help their neighbors position the hoop. The task is finished when the hoop returns to its initial position.

With 8 or more players, add a second hoop of different color across from the first hoop. Once the group has completed the task, score the game by how many hoops a group can pass around in a specified time frame. (Continue passing the same hoop[s] around successive times until time expires.)

Make sure to give feedback to the group about how well they are cooperating or not cooperating. May want to deduct points/time if you see incidences of un-cooperation.

### **Variations:**

Add another hoop and/or suggest that players try to pass the hoops without letting them touch the floor.

Add a smaller and/or larger sized hoop for an additional challenge.

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Submitted by **Steven A. Henkel** who teaches at Bethel College in St. Paul , MN . Thanks for contributing to PE Central! **Posted on PEC: 3/21/2001.**

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