Name/Title: Sport Stacking 4-Square

Purpose of Event: To help develop left brain right brain cognitive abilities and eye hand coordination. A fun activity to help students work on cup stacking skills.

Prerequisites: Learning the basic cup stacking skills. 3-3-3, 3-6-3, 6-6, 1-10-1, cycle stack. Students will be able to do this activity by only knowing one of the previous mentioned skills. In addition, students should know the basic rotation rules for 4-square.

Suggested Grade Level: 3-5

Materials Needed: 1 set of cups for cup stacking per student, 4 square courts

Description of Idea

Rules:

1. Have each student sit in one of the 4-squares with cups.

2. Have the extra students wait in line outside the number 4 square with cups. Limit the number of students waiting in line to 1 or 2.

3. The students waiting in line can practice while they wait their turn to compete.

4. The first person waiting in line is the judge to see who finishes last, what the judge says goes!

5. The person in the number 1 square gets to decide which stack they will be doing. As long as everyone in the squares knows how to do the designated stack. (Try and group by ability level)

6. The first person waiting in line starts the race by saying, hands ready, set, go!

7. The last person to finish goes to the end of the line.

8. As long as you are one of the first 3 finishers you stay in the game.

9. If the person in the number 2 square finishes last they will go to the end of the line and the person in the number 3 goes to square 2 and square 4 goes to square 3.

10. If the person in the number 1 square does not finish first, but does not finish last they get to stay in the number 1 square.

Variations:

Instead of having the person who finished last go to the end of the line for the same group allow them to move to a different group.

In order to allow all individuals the opportunity to obtain the number 1 square, after a player has held the number 1 square for 3 consecutive turns they would rotate out.

Assessment Ideas:

Are they doing the designated stacks? (3-3-3, 3-6-3, 1-10-1, 6-6, or the cycle stack) Are they rotating using the 4-square rules?

Teaching Suggestions:

This would also make a good station activity.

Adaptations for Students with Disabilities:

You can do this activity with kids with disabilities, or you can just have the kids practice the cup stacking activity without doing the 4 square part. You can have the kids find a partner and practice cup stacking with another student in the class. I have kids that are mainstreamed into the regular classroom for PE, you can group the kids by ability level, so the kids will not feel like they are always being beat by another studnet.

Submitted by **Mark Moneypenny** who teaches at Morris Hill Elementary in Fort Riley, KS. Thanks for contributing to PE Central! **Posted on PEC: 10/9/2005**.

Visit S&S Discount for all your physical education equipment and supplies!