Name/Title: Tic Tac Goal

Purpose of Event: To practice an inside of the foot pass with accuracy.

Activity cues: Inside of the foot pass

Prerequisites: Students should have received prior instruction on the skill cues for performing an inside of the foot pass.

Suggested Grade Level: 3-5

Materials Needed: 9 hula hoops, 10 soccer balls (2 different colors, 5 of each color), 2 cones, 2 containers to hold the balls

Description of Idea

This activity is set up for 2 or 3 players. In order to maximize participation set up multiple tic tac toe stations or include this as one of many stations being utilized during a soccer/kicking lesson.

Set up the hula hoops on the floor like a tic tac toe board, 3 hoops in each row. Position the 2 cones so that they are an equal distance from the board/hoops. The pass will be made from the cone.

In a 2-player game, players will alternate attempting to pass the ball into a hoop using an inside of the foot pass. Players will retrieve their ball if it does not land inside a hoop.

In a 3-player game, 2 players will alternate attempting to pass the ball into a hoop using an inside of the foot pass and the third player will be the retriever. The retriever may pass the ball back so that they are practicing passing as well. Players will take turns being the retriever. A new player may rotate into the retrieving position after a game is complete or a designated amount of time.

The game begins with player A picking up a ball from their bucket and then performing an inside the foot pass to pass the ball into one of the hula hoops. If the ball lands inside, player A leaves it and now it is player B's turn. If player A misses, the ball is retrieved and returned to their bucket. Player B goes next trying to do the same. Each player is trying to place 3 balls across, down or diagonal with their type/color of ball. Players will continue alternating passes until one player gets 3 in row or all the hoops are filled. Opposing players may NOT knock an existing ball out of the hoop. There cannot be 2 balls in the same hoop.

Variations:

This also works great as a field day station.

Assessment Ideas:

As students are performing their pass observe to see whether or not they are performing the skill cues for the inside of the foot pass.

Adaptations for Students with Disabilities:

Adjust the spacing between the hoops or increase or decrease the passing distance from the hoops. Allow wheelchair students to roll the ball.

Submitted by **Mary Rock** in Walled Lake, MI. Thanks for contributing to PE Central! **Posted on PEC: 11/5/2004**.

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