

Name/Title: Safari Adventure

Purpose of Event: To enhance the skills and understanding of fast and slow.

Suggested Grade Level: PRE-K

Materials Needed: Hoops & cones. Optional: pictures of animals

Description of Idea

First you start out with the kids moving around like animals in general space. You must tell them that they must learn how to move like the animals in order to look for them in the wild. Ask them to practice moving slow like an elephant, or fast like a tiger. Then, when they have accomplished this task, have them pretend that the cones are the wild animals, having them search for them with their pretend binoculars. After this, it is time for children to use hoops to catch the animals. They will go around putting the hoops over the cones and pretending that they catch them. Remember to ask them what animal they have caught.

Variations:

Use smaller hoops and deck rings.

Assessment Ideas:

At the end, ask for a child demonstration. Ask a student to move like an elephant, or a tiger, to see if they have learned how to move at different speeds, fast and slow.

Adaptations for Students with Disabilities:

Any one can do it, if the student is in a wheel chair they can still go around looking for the animals slow, and fast.

Submitted by **Patrick Gann** in Guilford, CT. Thanks for contributing to PE Central! **Posted on PEC: 5/16/2005**

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