Name/Title: **Beanbag Freeze Tag**

Prerequisites: Previous practice in all skill areas is helpful.

Suggested Grade Level: 6-8

Materials Needed: 1 or more "taggers" (made from swim noodles)

Description of Idea

1. Choose 1 or more students to be the taggers.
2. Taggers use the swim noodle "taggers" in which to tag (or touch) other students.
3. Disperse the beanbags to the other students.
4. The taggers count down for 5 seconds before starting.
5. Taggers may tag anyone.
6. If a student is tagged, they are frozen and can only become unfrozen if a beanbag is thrown TO them, NOT at them. If the bean bag is caught, the student becomes unfrozen (or is free). If the beanbag is dropped, and falls to the floor, the frozen student CANNOT pick it up. (This is done to prevent the student from going down to get the beanbag while a tagger is attempting to intercept it). If a tagger picks up a dropped beanbag or catches one thrown in the air, then the beanbag is given to the teacher and taken out of circulation.
7. Students with beanbags are given immunity from being tagged or frozen. Students who have a beanbag must get their beanbag to "frozen" students or any student being pursued by a tagger (beanbag must be airborne, not handed off!) in a reasonable amount of time(10-30 seconds).
8. Alternate taggers every couple of minutes.

Assessment Ideas:

Assessment of motor skills and prosocial behavior is done through observation.

Students may write a journal entries at the end of class.

Submitted by **Nick Jurman** who teaches at East Side Middle School in New York, NY. Thanks for contributing to PE Central! **Posted on PEC: 4/14/2004**.

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