Name/Title: Space City

Purpose of Event: The purpose of this activity is to introduce the students to components of personal space, pathways, directions, and levels.

Suggested Grade Level: K-2

Materials Needed: Hula Hoops

Description of Idea

In this activity the movement concepts of space, levels, directions, and pathways will be introduced.

Using hula hoops the students will pretend they are driving around "town." I assign roles for the different colors of hula hoops. Red are fire engines, blue are police cars, yellow are taxi cabs, and green are cars. In this teacher directed activity, students wait for directions of how to move about the city.

Rules:
*Teacher is the "Chief of Police."
*Red Light means "Stop." Students drop “cars” and sit in a criss-cross position outside of hoop with hands in their laps.
*Yellow Light means "caution/slow down."
*Green Light means "Go."

Students are expected to drive their cars safely in their own personal space, not bumping or touching other cars. If they are not safe drivers the "Chief of Police" will ask that driver to park their car in the garage (time out). If this happens drivers are reminded of the rules of the road and are invited to join in again but only if they can drive safely.

To start, have them get in their cars, shut the door, jingle their keys, adjust the rear view mirror, and start their engines.

CUES
Can you drive your vehicle in a zig-zag pathway?
Can you drive your vehicle in a curvy pathway?
Can you drive your vehicle up and down on a bumpy road?
Can you drive your vehicle in a forward, backward, or sideways on the road?
Can you turn your vehicle to the right?
Can you turn your vehicle to the left?
Can you drive your vehicle at a low level?
Can you drive your vehicle at a high level?

Variations:

Add locomotor commands.

After students have a firm grasp of locomotor skills, pathways, levels, and speeds, combine them into movement sentences. For example, can you drive your car backwards, skipping in a curved pathway, at a high level, at a medium speed?

Assessment Ideas:

Are students able to manuever their cars in safe space without bumping or touching? (self space, moving in general space)
Can they stop and go? (body management)
Do students know the difference between zig zag, curved, and straight pathways? (pathways)
Do students know the difference between high, medium and low movements?
(levels)
Can the students discern between the speeds of slow, medium, and fast?

Teaching Suggestions:

Add some road music to make it interesting. Have students stop and go when the music is on and then give direction.

Submitted by **Emily Best** in Lexington, KY. Thanks for contributing to PE Central! **Posted on PEC: 4/7/2004**.
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