Name/Title: **R-E-S-P-E-C-T**

**Purpose of Event:** Students participate in a running/concentration game on teams and learn the expectations of physical education class. This is a great first day of the year physical education lesson.

**Prerequisites:** Must be aware of self space as 7 or more students may be participating at one time.

**Suggested Grade Level:** 3-5

**Materials Needed:** The materials require some work but it is well worth the time as the kids love the game!! The materials needed that are described below are for a class of 21. This would allow for 7 teams with 3 people on each team. If necessary create additional materials for larger classes in order to keep team size down. This will help minimize the amount of wait time students might experience. 7 cards of each fruit- I use; 7 apples, 7 bananas, 7 oranges, 7 grapes, 7 peaches, 7 watermelons, and 7 strawberries. On each card is a letter in the word respect. For example, one apple has an R, two have E's (there are 2 E's in respect) and so on. Each card also has a sentence describing the letter. For example, the R says, "Rules-learn the rules and follow them!" See "Teaching Suggestions/Tips" for an example of descriptions you could use for each letter. I made my cards out of 9 X 12 poster board and then pasted construction paper apples, watermelons, etc. on them and had them laminated. 7 cones, 49 hula hoops (optional)

**Description of Idea**

Place 7 rows of 7 hula hoops at one end of the gym. Place the cards face down in the hoops or you can do this without the hoops. The hoops help the cards stay in place.

Divide the students into the 7 various fruits as they come in and place in 7 relay lines which you can designate with cones at the opposite end of the gym. Tell students that this is a fun relay game and they will be trying to find their 7 apples or whatever fruit they are and then spelling a word as a team and placing it in front of their group. I give them a hint that the word is, "Important in every classroom as well as at home and on the athletic fields." The game is also a memory game. They need to watch closely so when it is their turn they do not turn over a card that one of their teammates already turned over.

On the teacher's signal the first person from each team runs to a card and turns it over. If it is their fruit they bring it back to their team and tag the next student's hand. If it is not their fruit they turn it over and still come back and tag the next student's hand. They may only turn over one card per each turn. When their 7 fruits are found they sit down with their team and try to spell a word. Then they cheer on the other teams. I pick students to read each letter and we talk about what each one means.
Assessment Ideas:
I verbally quiz the students during the year on the sentences that go with the letters. For example: "What does the S stand for in our respect word?" This is a great thing to do as they line up after class is over or when warming up or cooling down!!

Teaching Suggestions:
It is recommended that groups be kept to a maximum of 3 in order to minimize wait time.

Here are what my letters stand for but you could change them to suit your expectations.

  R-Rules: Learn the rules and follow them!
  E-Enthusiasm: Always bring a good attitude to class!
  S-Safety/Sneakers: Stay inside the black lines in the gym, no jewelry and sneakers are required to participate!
  P-Purpose: Every lesson has a purpose!
  E-Effort: Always try your best!
  C-Challenge: Set goals and achieve them!
  T-Team: Together Everyone Achieves More!

Adaptations for Students with Disabilities:
I have a life skills class that can find the fruits. The letters are a challenge so it is a great activity for them to learn to identify letters after we have found the fruits.

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