**Name/Title: Tennis Skills Booklet**

**Purpose of Event:** To determine if students can apply their knowledge of tennis skills to develop a booklet of the basic skills needed to begin to play a game of tennis.

**Suggested Grade Level:** 9-12

**Materials Needed:** Colored paper, markers, skill pages, stapler, pencils, any other equipment the students may ask for.

**Time Needed to Complete:** 45 minutes.

## Description of Idea

"Many parents enroll their children at neighborhood recreation centers because they cannot afford to stay home and entertain them during the summer vacation. Because the enrollment level is typically high at these centers, there is a need for high school students, who are looking for summer jobs, to assist and help teach the children certain sports skills, specifically tennis. The supervisor in charge of the neighborhood recreation centers is looking for some booklets describing the basic strokes of tennis. The supervisor feels that the content provided in these booklets could help high school students teach tennis to children at each of the neighborhood recreation centers."

**Task:**

"I would like for you to develop a booklet of basic tennis skills that other high school students could use to teach children the basic skills of tennis. I will provide writing utensils, markers, and any other materials that you may need to complete your booklet. All you need to do is fill in as much information as you can. You have 45 minutes to complete the project."

**Complete the following steps in order to develop your booklet:**

- Think about the basic strokes necessary to begin to play a game of tennis.
- Then, include the following items in order to develop your booklet. The pages of the booklet are provided for you. There are four pages total:

    1. The four basic skills in order for someone to play a game of tennis (one skill on each page).
    2. The correct grip for each skill.
    3. Three cues or tips or tips for each skill. These cues or tips will help children

grasp important information about the swing.
4. Three ways to practice each skill.

- Be sure to design a cover for your booklet.
- When you have finished developing your booklet, you may turn it in.

## Scoring Rubric:

**Level 1: Novice**

Subject chooses not to develop a booklet due to lack of tennis knowledge or subject develops booklet and attempts to complete only one of the four pages included in the booklet:

- The name of one basic tennis stroke.
- A correct name or description of the proper grip.
- One or two correct critical components or cues.

**Level 2: Basic**

Subject develops a booklet and two of the four pages include the following:

- The name of a basic tennis stroke.
- A correct name or description of the proper grip.
- Three correct critical components or cues.
- Three appropriate ways to practice the stroke or at least one appropriate way to practice the stroke.

**Level 3: Proficient**

Subject develops a booklet and three of the four pages include the following:

- The name of a basic tennis stroke (3 different strokes chosen)
- A correct name or description of the proper grip of the stroke.
- Three correct critical components or cues for each stroke.
- At least two appropriate ways to practice the stroke for each stroke.

**Level 4: Distinguished**

Subject develops a booklet and each page includes the following:

- The name of a basic tennis stroke (4 different strokes chosen)
- A correct name or description of the proper grip of the stroke chosen.
- Three correct critical components or cues for each stroke.
- Three appropriate ways to practice the stroke.

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Submitted by **Karyn Shellhause** who teaches at Trinity Preparatory School in Winter Park, FL. Thanks for contributing to PE Central! **Posted on PEC: 8/24/2004**.

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