Name/Title: Who Let the Frogs Out?

Purpose of Event: To use the skill of throwing and catching, overhand throwing and jumping in a fun spring activity.

Prerequisites: Students should have previous practice in throwing and catching and throwing underhand and overhand. Review performance cues for throwing and catching.

Suggested Grade Level: 1-2

Materials Needed: 6 or more green hula hoops, 12 or more bean bag frogs, 2 or more playground balls, 1-2 rebound nets (pitchback net) or mini tramps, 6 lily pads (8” round circles made of cardboard and colored green or green polyspots), 4 fishing poles (dowel rod with string and magnet attached at end of string), 20 frog shapes cut out of green construction paper (can also be purchased at teacher supply store), blue plastic tablecloth or blue bed sheet, and (optional) upbeat "frog" music

Description of Idea

Students will enjoy these frog activities that will help them LEAP into spring. Set up these stations; give directions; put students into groups of two, assigning two pairs (or x4 children) to each station; and rotate the students to a different station every 3 minutes.

LEAP FROG- With his/her partner, students play leap frog across the "pond" (gym).
LILY PADS- Place green hula hoops one in front of the other across the gym floor. Students jump like a frog from hula hoop to hula hoop.
FROG TOSS AND CATCH- Standing approximately 20 feet apart from his/her partner, a student underhand throws a frog bean bag to his/her partner. A student may also choose to toss and catch to him-/herself.
FLIPPING FROGS- One student places a frog on a playground ball, drops the playground ball and the partner attempts to catch the frog.
FROGS JUMP TO THE LILY PADS- Set up the rebound net or mini tramp (leaning upright against the wall) with 6 lily pads placed in front of the net. Student stands approximately 10 feet back and overhand throws a frog bean bag onto the net or tramp. The frog will then bounce back and hopefully land on a lily pad, or have the student attempt to catch the frog.
FISHING IN THE FROG POND- Lay the blue bed sheet or blue plastic tablecloth (tape corners to the floor) on the gym floor. Spread frog shapes in the "frog pond.” Students stand around the pond and use the fishing poles to "catch" a frog. When successful, they take a “victory jump” around the pond and then continue fishing.

Assessment Ideas:
The teacher may be at one station assessing skill while the students at other stations are assessing their partner on performance cues. (i.e. thumbs up when the partner catches a “high level” frog with thumbs together.)

**Teaching Suggestions:**

Tell "frog" riddles as students rotate between stations. Such as "What did the frog order at McDonald's?" (french flies and a diet croak!) OR "Why did the frog go to the mall?" (to go hopping) OR "How does a frog feel when he breaks his leg?" (unhoppy). Invite students to make up frog riddles when class is over. You'll be amazed!!!

**Adaptations for Students with Disabilities:**

Kids with disabilities may be paired up with a peer buddy to help them.

Submitted by Beth Sinclair who teaches at Lew Wallace Elementary in Hammond, IN. Thanks for contributing to PE Central! **Posted on PEC: 4/21/2003.**

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