**Name/Title:** Pedometer Knowledge Quiz

**Purpose of Event:** To assess students knowledge of pedometer use.

**Suggested Grade Level:** 3-5

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**Description of Idea**

Name_______________________ Teacher___________

Pedometer Assessment Quiz

1. What does a pedometer measure?

2. Where on your waist does your pedometer belong?

3. How many steps should you try to get in during one full day? _____________

4. How far is that in miles (referring to Qu. 3)? _____________

5. How far is 2,000 steps in terms of miles?_____________

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Submitted by **Angie Wutke** who teaches at Killearn Lakes Elementary in Tallahassee, FL. Thanks for contributing to PE Central! **Posted on PEC: 7/26/2005.**

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