

**Name/Title: Pedometer Knowledge Quiz**

**Purpose of Event:** To assess students knowledge of pedometer use.

**Suggested Grade Level:** 3-5

**Description of Idea**

Name \_\_\_\_\_ Teacher \_\_\_\_\_

Pedometer Assessment Quiz

1. What does a pedometer measure?
2. Where on your waist does your pedometer belong?
3. How many steps should you try to get in during one full day? \_\_\_\_\_
4. How far is that in miles (referring to Qu. 3)? \_\_\_\_\_
5. How far is 2,000 steps in terms of miles? \_\_\_\_\_

---

Submitted by **Angie Wutke** who teaches at Killearn Lakes Elementary in Tallahassee, FL. Thanks for contributing to PE Central! **Posted on PEC: 7/26/2005.**

Visit [S&S Discount](#) for all your physical education equipment and supplies!