

Name/Title: Winter Holiday Stations

Purpose of Event: To use skills students have already learned in a fun activity before the Holidays.

Prerequisites: Underhand Throw, Basketball skills

Suggested Grade Level: 3-5

Materials Needed: Cones, Basketballs, Scooters, Bean Bags, Yarn Balls (or other type of small soft balls), Large plastic Candy Cane decorations (lawn decorations that cost about \$1 each), small bows with bells on them (holiday decorations), hula hoops, empty 2 liter bottles, Christmas stockings, jump ropes, holiday music.

Description of Idea

This is an activity that is great to use in the days right before the holiday vacation break. The students like having the holiday music on and really get into all the stations because of the holiday theme.

This activity consists of 4 stations:

Candy Cane Bowling - Set up empty 2 liter bottles inside of a hula hoop. Put a cone inside the hoop, behind the bottles. In the cone, place a large candy cane lawn decoration. Set up a cone about 7-10 feet from the hula hoop. Students take turn with a partner to use the underhand throw to try and knock down the empty bottles.

Stocking Stuffers - Set up 2 cones about 5-7 feet apart. One student stands at a cone and holds a Christmas stocking. The other student is at the other cone and has a bean bag. Students use the underhand throw to toss the bean bag and the partners try to catch the bean bag in the stocking. After 5 attempts the partners switch places.

Jingle Bell Basketball - Attach little bows with bells on them (usually you can buy them in packages of 6) to the basketball net. Set up cones so that students can work with a partner. Students take turns dribbling the ball and taking a shot. The bells jingle when a student makes a basket!

Candy Cane Lane - Make lanes with jump ropes (my jump ropes are red and white) and place a cone at each end of the lane. In the cone at the far end of the lane place a large candy cane lawn decoration. Students use scooters to travel down the lane, go around the candy cane, and come back to the beginning.

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