

Name/Title: **Monsters, Inc.**

Purpose of Event: To have children understand what it means to include others into their group, and to work together to solve a problem.

Suggested Grade Level: K-2

Materials Needed: Large open area, indoors or outside; 8 to 10 hula hoops; Tape player or CD; [Monsters, Inc. Soundtrack Music](#)

Description of Idea

This is a cooperative version of musical chairs.

Most children have seen the movie "Monsters, Inc." If not, explain to them that today they are going to be "monsters" hiding in "closets." (Of course, reassure them that there ARE no such things as monsters in closets, and make sure this is a light-hearted activity!)

Scatter the hoops about on the floor, leaving enough space between the hoops for the children to move freely. Tell them, as the music plays, they will be "monsters" wandering about looking for a closet to jump into. The students may perform any type of locomotive skill during this activity. (Hopping, skipping and jumping work well.) When the music stops, they must jump into a "closet" (hoop) and give their very best monster growl. (Kids love doing this!) Once they have completed this, take away 2 or 3 of the hoops and repeat the activity, until there are only about 2 hoops left. You'll be amazed at how many children can stand in one of these hoops!

Assessment Ideas:

Ask the class, "What did you have to do to let another monster in your closet?" Most will say things like "move over" and "scrunch together." Encourage them and state that they are exactly right and that they had to be willing to give up some space to make sure they could include another "monster." Reinforce this is what it means to cooperate with each other and to work together.

Adaptations for Students with Disabilities:

Children in wheelchairs can also participate. Even though the hoops may get crowded, you can allow them to park their wheelchair outside the group and hold hands with another "monster."

Submitted by **Lisa Wilkins** who teaches at Warwick River Christian School in Newport News, VA. Thanks for contributing to PE Central! **Posted on PEC: 10/30/2002.**

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