

## **Name/Title:** Locomotor License (with Video and Assessment)

**Purpose of Event:** To have students practice locomotor skills and moving safely in general space.

**Suggested Grade Level:** K-2

**Materials Needed:** Locomotor licenses for each child. You can make a number of them on the computer or students can make their own as part of a classroom project. Students love making up their own "vanity plates" with their name or different word puns on it. Cones to define the playing area.

### Description of Idea

After quickly reviewing what it means to travel safely in general space (move away from others--no crashes; move to all the areas; you can't follow anyone), introduce the activity by going over a few of the movement prompts found below.

Let students know the teacher will be the "**police officer**" who is looking to see that they can travel safely...and if they forget a "**rule of the road**", they will receive a mark on their license (a "ticket") for being an unsafe driver. If they receive 3 tickets, they will **lose their license**.

After handing out all the licenses, the students spread out in a self space around the gym and begin to move according to the prompt called out (i.e., bumpy road ahead means skipping, narrow road ahead means galloping, etc.):

- Speed limit 30 mph - walking
- Bumpy road ahead - skipping
- Narrow road ahead - galloping
- School crossing - walk really slow
- Road construction - leap over the potholes (use hoops on the floor)
- Flat tire - hopping
- Interstate driving - running
- Out of gas - take a break--sit where you are!
- Traffic jam - do 3 modified push-ups
- It's raining - put on your windshield wipers by doing jumping jacks
- Emergency - freeze
- Ambulance - students pull over to outer side of area
- Stuck in the mud - jog in place

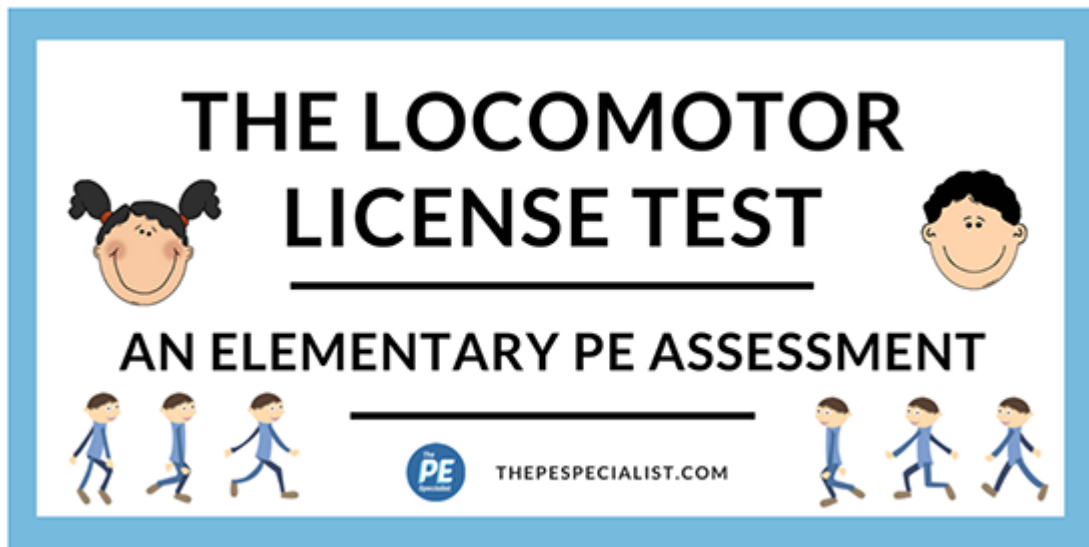
If the teacher observes any student disobeying the traffic laws, then that student should receive a warning or a ticket by putting an **X** on their license. If a student receives 3 tickets their license is "**revoked**"

(i.e., they sit out for a few minutes to observe how "safe drivers" travel).

This is a good activity during which to **assess** students' ability to correctly perform each locomotor movement or their ability to safely move through general space. Use our [Teachers Cue Checklist Sheet](#) to note information about each student's performance.

Ben Landers, the PE Specialist, has done a video showing his Locomotor License Test assessment he has done in conjunction with this idea. You can see his blog write up [here](#) and his video is below too.

## Video



## Teaching Suggestions:

Stickers can be given to any student who is a safe driver the whole class period.

Use the "back to the wall" teaching strategy to accurately assess students

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Submitted by **Kimberly Kennell** who teaches at Arcola Grade School in Arcola, IL. Additional authors for this idea were Ben Landers. Thanks for contributing to PE Central! **Posted on PEC: 3/5/2019.**

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