

Name/Title: Prediction of Physical Activity Steps Using a Pedometer

Purpose of Event: To use pedometers to work on the math skill of estimating.

Suggested Grade Level: 3-5

Description of Idea

Use the following worksheets to involve your students in activities with pedometers that also help them work on the math skill of estimating.

NOTE: This lesson has been written for the Adapted classes who must produce portfolio products for the MCAS Alternate Assessment. It incorporates the State Math Frameworks along with the Health Frameworks.

- [Estimation Sheet #1](#)
- [Estimation Sheet #2](#)
- [Estimation Sheet #3 \(Pathways\)](#)

Submitted by **Kathleen Cleary** in Pocasset, MA. Thanks for contributing to PE Central! **Posted on PEC:** 4/30/2014.

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