

Name/Title: Basketball Skill Stations

Purpose of Event: The students will demonstrate mature form of the manipulative skills of dribbling, passing, and shooting.

Activity cues: [Hand Dribbling](#), [Lay Up](#), [Bounce Pass](#), [Chest Pass](#), [Jump Shot](#)

Prerequisites: Prior lessons have been taught on the dribble, bounce pass, chest pass, overhead pass, lay-ups, and jump shots.

Suggested Grade Level: 3-5

Materials Needed: Basketballs, Hula Hoops to store basketballs at each station, Dots, Circle-Cones

Description of Idea

Basketball Skill Stations:

- 1) Dribbling - Students will dribble in and out of the circle-cones pathway.
- 2) Lay-Ups - Students will dribble from the established line and attempt to lay it up into the basket.
- 3) Bounce Pass - Students are placed on specified dots and bounce pass back and forth with a partner.
- 4) Chest Pass - Students are placed on specified dots and chest pass back and forth with a partner.
- 5) Jump Shots - Students will dribble to a designated spot and attempt to shoot a jump shot from the spot.
- 6) Overhead Pass - Students are placed on specified dots and overhead pass back and forth with a partner.

Assessment Ideas:

Teacher Checklist addressing the dribble, lay-up, bounce pass, chest pass, jump shot, and overhead pass