

Name/Title: Disc Golf/Frisbee Golf Rules for Beginners

Purpose of Event: The purpose of this assessment is to help guide student learning when first going over Disc Golf, or it can be used as an end of unit quiz.

Suggested Grade Level: 6-8

Materials Needed:

[Editable Assessment Sheet \(Word\)](#)

[PDF Version](#)

Description of Idea

This worksheet can be used during an introduction unit on Disc Golf. It has ten basic rules or terms used with Disc Golf. Students should match the description with the name/rule provided in the word bank.

It can be used while learning the rules, or as an end of unit quiz.

You can show this [YouTube video](#) (see below as well) for background information on Disc Golf.

Submitted by **Shannon Boise** who teaches at Milltown Primary School in Bridgewater, NJ. Thanks for contributing to PE Central! **Posted on PEC: 12/3/2021.**

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