Name/Title: **Cinco De Mayo Fitness**

Purpose of Event: To recognize Cinco De Mayo through fitness.

Suggested Grade Level: 4-12

Description of Idea

Will do 5 reps of 5 different exercises for 5 sets. Full description is on YouTube.

Video below of the exercises.

Video

Submitted by **Idrissa Gandega** in new york, NY. Thanks for contributing to PE Central! **Posted on PEC: 6/3/2021**.

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