Name/Title: ?? Emoji Fitness Game????

Purpose of Event: To use emojis as a fun way to get children moving and become fit.

Suggested Grade Level: 3-12

Description of Idea

So many of us use emojis to express ourselves in text messages. In this fun fitness game I have a message behind some emojis and leave it up to you to figure out what the hidden message is. You only have 10 seconds to do so. If you do not, you will have to do the exercise of the round. Make sure to warm your muscles up and stretch before you do these exercises.

Use the video below to see the activity or you can link out to the YouTube link below.

Video

Submitted by **Idrissa Gandega** in new york, NY. Thanks for contributing to PE Central! **Posted on PEC: 4/7/2021**.

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