Name/Title: **My Name Fitness Challenge (At Home PE)**

Purpose of Event: To work on fitness concepts based on the letters of your name.

Suggested Grade Level: all

Description of Idea

This is a fun way to have your students learn more about each other while in a remote teaching situation.

User video below to hear full description of the lesson. If you can't access below click on link that takes you to the YouTube video.

Video

Variations:

This can be a fun way for students to spark a conversation and learn about the origin of their classmates names as an exit ticket.

Submitted by **Idrissa Gandega** in new york, NY. Thanks for contributing to PE Central! **Posted on PEC: 11/25/2020**.

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